

GPD SKATING ACADEMY

Welcome to the Glenview Skating Academy! We are so pleased you've joined us and are excited to share with you the fun and exciting sport of figure skating here at the beautiful new Glenview Community Ice Center.

Please take a few minutes to read over this welcome letter to familiarize yourself with the programming and how things work at the new Glenview Community Ice Center. Our goal is to provide your skater with a positive and fun skating class experience! We pride ourselves on coaching the latest skating technique in a friendly and encouraging atmosphere.

About us: Our Coaches

All Glenview Skating Academy Coaching team members are certified figure skating professionals through United States Figure Skating. Coaches are trained to deliver class curriculum as outlined in the Learn to Skate USA program through USFS. *Coming soon!* "Meet your Coaching Team" available on our website.

Glenview Skating Academy Class Curriculum

We follow the curriculum guidelines and standards in the [Learn to Skate USA](#) program developed by United States Figure Skating. Please visit our website at www.glenviewicecenter.org to review the skills taught in each level of classes. Look for the "class curriculum" links for more information!

Classes are designed in sequential order. Each level builds on skill mastery from the previous level. Coaches focus on building a strong foundation of basic fundamentals. Each skater will explore the sport at their own pace and build confidence and physical fitness as they master the skills in each class.

New this Year! Practice ice is built into your class time and registration fee. Skaters will be given an opportunity to practice their skills after structured class instruction in a coach supervised, fun environment.

Skater Progression – Progress Reports

Learn to Skate USA membership

Skaters progress through a series of Basic Skills levels and Free Skate levels as they move through the curriculum. Please see the breakdown of the curriculum explained on our website.

Skills are assessed during the 6th and 7th week of class. On week 7, skaters receive a written progress report- detailing skill development. The progress report also indicates which class to register for during the next session. All skaters in the Glenview Skating Academy are registered as members of the Learn to Skate USA program and will receive badges for each level they achieve. Skaters will also receive a fun sticker book from USFS to record their progress through the levels.

Important Information regarding your first day at classes! Please read carefully.

If needed, skaters will be sized for a pair of rental skates on their first day of class. Skaters will return rental skates to staff at our skate rental area. Skate rental cost for a 7-week session is \$15. If you have your own skates, don't forget to wipe the skates dry with a soft cloth after each use and wear skate guards if you are not on a rubber matted area. Please remove the guards after you get home or the **blades will rust**. It only takes about 4 hours for rust to develop on skates with guards on them at home. It is hard to skate on rusty blades!

Questions?

Contact Candace Diaz, Skating Director

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